

Career Counseling with a Twist!



Tully's Job Series:

Get 'Er Done!

for Job Seekers, Career Changers and Others

Monday, January 19th, 2009 from 6:45 – 8:30pm

Cost: Free (except your cup of coffee)

Tully's in Wallingford: 2100 North 45th (at Meridian), Seattle 98103

RSVP: Appreciated, but not required.

Email laila@careercounselingwithatwist.com

Have you been procrastinating on a critical project?

Are you feeling stuck?

Are you tired of doing it alone?

Is it time to just "get it done?!"

Let's support each other in working on our most important "to do" items!

Bring a laptop, or pen and paper, cell phone (or ...?), and work on job search applications, resumes, career research, writing your brochure, designing your website, getting your expenses into Quicken software, writing letters to old friends, dreaming up your vision for 2009... whatever would hit the spot!

We'll start by introducing ourselves and sharing what we'll be working on. Then, we'll dive in and go for it. You can sit at a group table or find a table on your own. Laila will be available for an hour to circulate and consult with you briefly on whatever you're working on. To close, we'll come together and talk about how it went and do some celebrating. There will be time for one or two people to receive brief coaching, brainstorming and/or feedback from the group at the end. I look forward to meeting you! *Laila*

Agenda

5:30 to 6:00 - Arrive super early if you want to get a jumpstart on your project (optional).

6:30 to 6:35pm - Arrive early to buy your drink and get settled.

6:45pm - We start at 6:45pm SHARP

6:45 to 7:05pm - Laila Welcome and Group Intros

7:05 to 8:10pm - Get 'Er Done (Laila will circulate and offer brief coaching to those interested)

8:10 to 8:40pm - Meet as a group to de-brief and celebrate. Extra coaching and support from Laila and the group available to one or two people.

8:40 to 9:00pm - Wrap up, feedback form, networking and chatting.

Preparation

1. Please juice up your laptop battery and cell phone (if you plan to use it) before coming, just in case wall/outlet space is scarce.
2. Bring paper and a hard writing surface.
3. Come with anywhere from 1 to 3 ideas of things you'd like to work on, and bring the associated materials/tools. If you have a few options, then if you're not "feeling it" with one project, you're already set up to move to something different.

Laila Atallah is a Seattle career counselor and life coach with over 15 years experience helping job seekers and career changers create the life of their dreams. She serves clients throughout the country and abroad through her business, Career Counseling with a Twist, located in Phinney Ridge.

